

Level of sportcraftmanship and development since HT2

In the summer of 2017, after one year of following the course, I received my diploma for HT2. For this course a number of things were needed before you passed the course. Below I have listed all the competences you had to achieve and other examples. By passing this course my knowledge and level of training has increased enormously. I have made enormous developments and have now even reached the point where I am the head coach of the youngest youth since March 2020 and can accompany other trainers in this and help them prepare their trainings.

The Training Hockey Trainer 2 (HT2) - Team is intended to train (starting) trainers and coaches to become qualified trainers / coaches of teams and is a recognized sports education. The KNHB HT2 - Elftal Qualification Test Plan has 3 sub-qualifications and the corresponding 3 Proficiency Test protocols. In the downloads below you will find the Sport Test Regulations, Test Plan with the associated protocols and qualification profile.

Competences

This training leads to the following competences:

The KNHB Hockey Trainer 2 is able to guide athletes in their sport in an adequate, respectful and responsible manner.

The KNHB Hockey Trainer 2 is able to provide (part of) a training in an adequate manner, based on an available schedule.

The KNHB Hockey Trainer 2 is able to adequately supervise the matches.

The KNHB Hockey Trainer 2 is able to adequately assist in the implementation of activities of the association according to the instructions of a manager.

Before I started this course, as a trainer I was often still unsure whether my exercises were good enough and whether I was giving fun enough training. Since completing the course I have become a different trainer and as a trainer I never feel insecure anymore. I am getting more and more knowledge and by often looking at other trainers I get even more information about how children react and behave. I can conclude that following and obtaining my HT2 diploma has changed me as a sports professional and that I have been able to make huge steps since then.

If you want to find more information about the HT2 course you can click on the link below:

<https://www.knhb.nl/kenniscentrum/opleiding/hockeytrainer-2-ht2-elftal>