

Sport Studies

3 year programme
for vwo students

University of Applied Sciences
Fulltime Bachelor's programme
Starting date: September 2021
Degree: Bachelor of Arts

Move to make a difference



'My dream is to contribute to finding solutions for current global health problems'

'Sports Studies is helping me to fulfill this dream. I am broadening my horizon by working together with students from all over the world on the same intellectual level. The group projects also make the programme a lot of fun. Teachers closely monitor my progress to be able to keep challenging me. Sports Studies enables me to reach my full potential.'

Michiel de Boom student Sport Studies

Curious about the experiences of students and alumni?
Visit our website www.hanze.nl/sportstudiesprogramme

share your talent. **move** the world.



International bachelor Sport Studies

The School of Sports Studies offers a three year bachelor's programme, made up of 180 ECTS.

This international programme helps you to become an innovative sports professional. As a change agent you are able to make a difference at both individual and community level. The power of sports lays within the three core values of sports and physical activity:

- sport is an important part of a healthy lifestyle;
- sport creates economical value;
- sport can strengthen the social cohesion to change communities.

The programme is characterised by its professional focus. Each year you will gain real-life work experience. Most modules centre around a practical assignment in a professional organisation. Courses are designed to prepare you for this challenge.

Your first year

The first year is the so-called propaedeutic phase (60 ECTS). In this phase you will develop professional competences by working on several projects for businesses or institutions (e.g. sport federations, governments). Supported by your teachers and fellow students, you will develop your sense of professional responsibility starting from day one. Sharing knowledge and experiences plays a major role.

What do we expect from you?

You are open-minded and have strong social skills. Connecting and inspiring people makes you happy. You have a broad interest in the field of sports, healthcare and management.

Career prospects

Many of our graduates will be employed in jobs that centre around:

- sport marketeer
- event manager
- sports entrepreneur
- training/coaching
- physical activity or healthy ageing coach
- sports policy officer
- community developer

In order to be allowed to embark on the second year of your degree programme, you will have to gain at least 48 of the possible 60 European credits in your first year. If you do not gain the required number of credits, you will receive a negative binding enrolment decision (BSA: Bindend Studie Advies), which means you will not be allowed to continue your degree programme.

'This programme connects seamlessly with our master Healthy Ageing Professional. For Dutch vwo students this means you can have a bachelor and master degree within four years.'

The second year

In the first semester you develop a strategic programme for an European city based on practical research. In the second semester you focus on creating and managing change during an internship. Your role is primarily to be a change agent. During the year you take courses on subjects like marketing, sport development, management and organisation, organisational policy and consultancy.

The third year

In the final year you will work at a professional organisation for your graduation project. During this year you add practical value to the organisation by developing and implementing services and products that help the organisation to innovate. The three core values of sports (health, economy and social impact) are your starting point.

Admission requirements (for Dutch students)

● Admission ● No admission ○ Additional requirements

VWO N&T N&G E&M C&M AE

havo N&T N&G E&M C&M

mbo 4



Do you want to shift your knowledge, career, ambition or passion into a higher gear after your bachelor's? Enrol in a **Hanze Master!** Check our website for a complete overview of our master's programmes. www.hanze.nl/masters



Going abroad

Students will have the opportunity to go abroad during their programme. Initiatives from students who want to go abroad are stimulated and the initiatives will be facilitated as much as possible.

Continue your education

The Sport Studies programme offers a bachelor degree on level 6 within the European Qualification Frame Work of the EU. The programme connects seamlessly with our scientific master (MSc.) Healthy Ageing Professional (Dutch-taught). The unique combination of a practical bachelor with a Master of Science, means you can have both degrees within four years.



Additional requirements

In addition to a vwo-diploma some extra requirements are needed for admission. After applying, you will be invited for a Matching Day (costs circa €20). This day is organised in order to assess whether your ambitions, skills and expectations match the content of the programme. Attending the Matching Day is obligatory. The day consists of a physical challenge, a case study and an interview with one of the staff members. After attending the Matching Day you will receive feedback and binding advice regarding what you need to do to meet the requirements of the programme.

Students admitted to the Sport Studies programme will also need to undergo a medical sports test (costs circa €79) in order to assess their physical fitness.

For more information about the programme, how to apply or the requirements, please visit www.hanze.nl/sportstudiesprogramme.



Programme overview Sport Studies

Year 1	
1 st period	Sport Studies: sport participation project
2 nd period	Sport & Society: sports consultancy Outdoor Experience
3 rd period	Sport & Business: developing sport services and products
4 th period	Sport & Vitality: managing lifestyle in organisations
Year 2	
1 st period	Vital European cities and policy
2 nd period	
3 rd period	Wintersport Experience
4 th period	Work placement: change management
Year 3	
1 st period	Final graduation project in a professional organisation
2 nd period	
3 rd period	
4 th period	



Courses Sport development, Organisational change, Community development through sports, Sports policy and entrepreneurship, Managing lifestyle in organisations and society, Management and organization, Organisational policy and consultancy.

Visit one of our Open Days

Saturday
14
November
2020

Saturday
13
February
2021

Friday
26
March
2021

Sign up at www.hanze.nl/opendag

Day inside

Almost made your choice? Then try a day inside.
www.hanze.nl/meeloopdag

Practical information



Tuition fees

The tuition fees for the first year have been halved to an amount of approximately €1,072. For subsequent years, this annual amount is approximately €2,143.

Furthermore, you will need around €1,000 for textbooks, excursions and sports clothing in year 1. Would you like to find out more about the conditions or the current rate? Please, check our website www.hanze.nl/collegegeld

Additional study costs

1st year: Outdoor Experience: max. €250 (excl. necessary equipment).

Books: approx. €450.

2nd year: Wintersport Experience: max. €650 (Price depends on choices made such as lessons and rent of equipment).

Books: approx. €450.

3rd year: Various activities: approx. € 200.



Application

Apply for a study programme via Studielink before 1 May 2021. The programme starts in September. For more information about the application procedure, please visit www.hanze.nl/aanmelden

Need help choosing a programme?

For advice and support regarding selecting a degree programme, please visit www.hanze.nl/studiekeuzeadvies

School's visiting address

Instituut voor Sportstudies,
Willem-Alexander Sportcentrum
Zernikeplein 17, 9747 AS Groningen, The Netherlands
T (050) 595 3702 E sportstudies@org.hanze.nl

More information

www.hanze.nl/sportstudiesprogramme

www.facebook.com/sportstudies

www.instagram.com/sportstudieshanzehogeschool

www.youtube.com/hanzehogeschool

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share your talent. move the world.

To be of value to both our region and the world. That's what we see as our social responsibility. We encourage you to develop not only as a professional, but also as a human being who feels a sense of responsibility for the world we live in. Discovering your own development path as well as your own role in society is what learning is all about.

Engaged Learning

From the very first day of your studies, you'll discover that every aspect of our teaching and research is informed by society. Together with your fellow students, inspirational lecturer-researchers and committed partners from professional practice, you'll investigate real-world, up-to-date challenges. Our teaching is based on the principle of *Engaged Learning*. You'll tackle real-life research assignments in one of more than 150 *living labs*, and your results will have an immediate impact.

In the region and worldwide

Our mission is to guide you towards becoming an enterprising and innovative professional who is in touch with society's key issues. With our roots set firmly in the traditions of the northern Netherlands, we not only address the main challenges facing our region, but also look to the world beyond at all times. Induced earthquakes and the energy transition are regional topics that play out in a wider international

context of sustainability and climate change. As an example, students from various degree programmes are working together on building a solar car and rolling out sustainability initiatives on the island of Ameland. For our key theme of *Healthy Ageing*, students are creating a 'Blue Zone' in Appingedam. Blue Zones support local residents and organisations in their initiatives to achieve or promote healthy ageing. We share our knowledge with comparable projects elsewhere, thus prompting a global knowledge exchange.

500 starting entrepreneurs a year

We devote plenty of time to the development of an inquisitive and enterprising attitude, allowing you to become a curious, driven and highly capable professional. Each year, for instance, Hanze UAS helps 500 students start up their own company.

We offer a safe and challenging learning environment that will allow you to become the best version of yourself. Thanks to *Engaged Learning*, you'll be able to design innovative solutions for an ever-changing world. That is what *share your talent. move the world.* means for you.



All study programmes of Hanze UAS have been accredited by the Dutch-Flemish Accreditation Organisation, which means that they meet all quality requirements for recognised higher education institutions.